



# BOLO Project Bulletin: Development and Validation of a Resilience Training Model at the Academy

*Office of Community Oriented Policing Services*

The BOLO series supports the publication and dissemination of experiences and implications discovered during ongoing research in the field with the goal of regularly communicating these resources to the law enforcement community. “Be on the lookout” for these field-driven, evidence-based resources that will help illuminate the nature, function, context, costs and benefits of community policing innovations.

This [study](#) follows recruits in a resilience training program at the Milwaukee (Wisconsin) Police Department Police Academy as they develop strategies and techniques to enhance its members’ ability to cope with stress and maintain their physiological and psychological health.

To read about the study, click [here](#).